

The Kings Arms



77 RINGWOOD ROAD
LONGHAM, BOURNEMOUTH
DORSET, BH22 9AA
01202 577490
thekingsarmslongham@gmail.com
www.thekingsarms-longham.co.uk



STARTERS & LIGHT BITES

- Pan fried hand dived Lyme bay house smoked scallops**
with white pudding & a sundried tomato salsa £9.50
- Mediterranean king prawns**
in a tomato, chilli & garlic sauce, served on a ciabatta bruschetta & a white truffle oil £8.95
- Roasted aubergine & caramelised goats cheese tartlet**
topped with marmalade & red pepper coulis £6.95

- Twice baked spinach, basil & Coastal cheddar soufflé**
with toasted pine nuts & rocket salad £7.95
- Slow braised brisket of beef**
& wild mushroom arancini, served with a ragu sauce & basil crisps £7.25
- Kings Arms sharing platter (for 2 to share)**
featuring a selection of our enticing starters, please ask your waiter/waitress for details £17.50

MAINS

SELECTION FROM THE GRILL

Here at The Kings Arms we use only the highest quality beef, carefully selected & supplied by our specialist butchers or direct from local farms.

All steaks approximate uncooked weight

- 9oz Bavette steak {grain-fed}** £20.95
- 10oz prime cut sirloin steak** £19.95
- 7oz fillet steak {centre cut}** £25.50
- 28 day aged English ribeye steak** £22.95

All served with steak chips, roasted cherry vine tomatoes, garden peas & fresh watercress

- Sizzling steak platter**
select any steak as a sizzling platter cooked with Malden sea salt, mixed peppers, onions, chips & side salad [£2.00 supp]

- Add king prawn to any steak** each £2.00

- Sauces**
Green peppercorn or Blue cheese £3.00
Chilli & garlic butter £1.95

KINGS ARMS FAVOURITES

- Chicken, ham hock & leek pie**
topped with all butter short crust pastry & glazed chantenay carrots, green beans & new potatoes £12.95

- Pan roasted corn-fed chicken breast**
marinated in sage & thyme with caramelised onion & bacon potato cake with a mushroom & madeira jus £13.95

- Pan fried Barbary duck breast**
with boulangere potatoes, honey roasted baby vegetables, crispy kale & a redcurrant sauce £18.95

- Slow cooked lamb shoulder**
in rosemary & thyme served with smoked garlic potato purée, green beans & baby carrots £19.95

BURGERS

- 8oz House steak burger topped with bbq pulled beef brisket**
with tomato, gherkin, burger relish, fries & salad £12.95

- Pulled jerk chicken & Moroccan lamb sliders**
served in a mini brioche bun with homemade coleslaw, fries & side salad £14.95

- Add halloumi £1.50

- Kings Arms Vegetarian burger**
topped with a cheese of your choice served with tomato & gherkin in a toasted brioche bun, with burger relish & sweet potato fries £11.95

FISH

- Large fillet of beer battered fish**
served with chips, pea purée & tartare sauce £12.95

- Oven baked cod loin**
with saffron mashed potatoes, spinach purée, tempura mussels & a white wine sauce £15.50

- Fresh poached plaice fillet**
stuffed with a spinach & prawn mousse with sautéed potatoes, English asparagus & velouté sauce £16.95

PASTA, RICE & SALADS

- Angus beef lasagne**
topped with a creamy cheese glaze, served with garlic bread & a side salad £12.95

- Chefs lamb, chickpea & lentil curry (medium heat)**
served with steamed rice, crispy tortilla & a yoghurt dip £13.95

- Smoked chicken, chorizo, mushroom & cheese risotto**
served with garlic bread & side salad £12.95

- Halloumi marinated in ginger & soy**
served with sizzling onions, bean sprouts, jalapenos & dip £12.50

- Choose from either grilled chicken, marinated halloumi or goats cheese salad**
with a choice of dressing: Ceaser, French or honey & shallot £12.95

KINGS ARMS SUNDAY ROASTS

JOIN US AT THE KINGS ARMS FOR OUR VERY POPULAR SUNDAY ROAST SELECTION

Roast sirloin of English beef £13.95 / Roast loin of cider fed pork £12.95

Roast leg of English lamb £13.95 / Vegetarian nut roast £11.95

All served with roast potatoes seasonal vegetables & Yorkshire pudding

SIDES

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| Selection of breads
with olive oil & a balsamic dip £3.25 | Ciabatta garlic bread with cheese £3.00 | Sweet potato fries £3.50 |
| Side of olives £3.00 | French fries £3.00 | Green beans £3.00 |
| Ciabatta garlic bread £2.50 | Truffle & Parmesan fries £3.50 | Onion rings £2.95 |
| | | Boulangere potatoes £3.00 |
| | | Mushrooms £3.00 |

It is possible that all dishes may contain allergenic ingredients. Please ask a member of staff for details or refer to our Allergen information pack, available from the bar. Fish dishes may contain bones.

Please note that we do not serve fast food, we serve good food as fast as we can. All meals are cooked to order, please be patient during busy periods.